

SJPS Wellness Policy Goal and Action Steps

After a meeting of the Food Service Director, HR Manager, and Assistant Superintendent to conduct the triennial wellness assessment and review our wellness policy on March 29, 2022, it became clear that we needed to establish the following goal:

- St. Joseph Public Schools (SJPS) will revise our current wellness policy in accordance with the MDE guidance as measured by meeting the components of the MDE Wellness Policy Checklist.

Action Steps:

- SJPS will convene a District Wellness Committee with representation that aligns with the recommendations of the [MDE Model School Wellness Policy](#). The committee make-up and responsibilities will align and be measured by meeting the Committee Role and Membership guidelines in the Model School Wellness Policy. The District Wellness Committee will be in place by November 2023.
- SJPS will convene the District Wellness Committee in November of 2023 to establish understanding of their roles and responsibilities and create a schedule of meetings for the 2023-2024 school year that will accommodate their work. Meeting schedules and minutes collected will be artifacts to measure completion of scheduled meetings for the 2023-24 school year.
- The SJPS District Wellness Committee will design smart goals to address three components of the MDE Model Wellness Policy: Nutrition, Physical Activity and Education, School Based Wellness Activities and upload these into the SJPS Wellness policy in alignment using the [goal template](#) from MDE.

Committee Members Include:

Food Service Director, Health/PE Teacher, SSW, PTO Representative, Elementary Principals, MS Assistant Principal, HS Assistant Principal, High School student, Assistant Superintendent